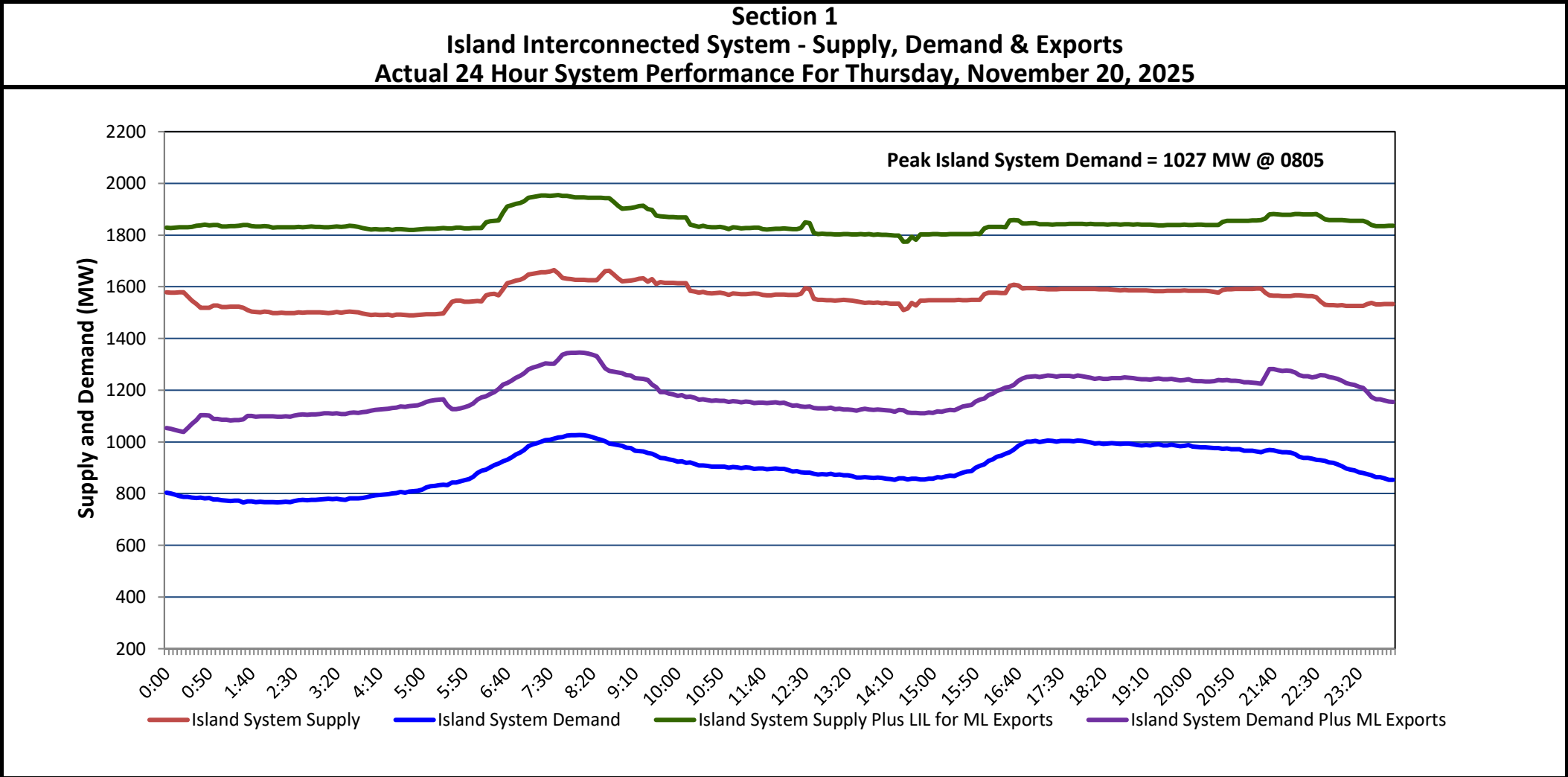


Newfoundland Labrador Hydro (NLH)  
Supply and Demand Status Report Filed Friday, November 21, 2025



Island Supply Notes For November 20, 2025<sup>1</sup>

A

As of 0800 hours, March 30, 2025, Holyrood Unit 3 unavailable due to planned outage 130 MW (150 MW).

B

As of 0823 hours, March 31, 2025, Bay d'Espoir Unit 1 unavailable due to planned outage (76.5 MW).

C

As of 0823 hours, March 31, 2025, Bay d'Espoir Unit 2 unavailable due to planned outage (76.5 MW).

D

As of 0846 hours, November 02, 2025, Hinds Lake Unit unavailable due to planned outage (75 MW).

E

As of 1400 hours, November 04, 2025, St. Anthony Diesel Plant available at 7.7 MW due to forced derating (9.7 MW).

F

As of 0817 hours, November 14, 2025, Bay d'Espoir Unit 5 unavailable due to planned outage (76.5 MW).

G

As of 0817 hours, November 14, 2025, Bay d'Espoir Unit 6 unavailable due to planned outage (76.5 MW).

H

As of 1115 hours, November 17, 2025, Holyrood Unit 1 available at 100 MW due to forced derating (170 MW).

I

At 1423 hours, November 20, 2025, Hardwoods Gas Turbine available at 25 MW due to forced derating (50 MW).

Section 2  
Island Interconnected System - Supply, Demand & Outlook

| Fri, Nov 21, 2025                                                                                                                                                                                      | Island System Outlook <sup>2</sup> | Seven-Day Forecast           | Island System Daily Peak Demand (MW) |                       |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------|------------------------------|--------------------------------------|-----------------------|
|                                                                                                                                                                                                        |                                    |                              | Forecast <sup>8</sup>                | Adjusted <sup>6</sup> |
| Island System Supply: <sup>4</sup><br>NLH Island Generation: <sup>3,7</sup><br>NLH Island Power Purchases: <sup>5</sup><br>NP and CBPP Owned Generation:<br>LIL/ML Net Imports to Island: <sup>9</sup> | 1,624 MW                           | Friday, November 21, 2025    | 1,085                                | 992                   |
|                                                                                                                                                                                                        | 1,065 MW                           | Saturday, November 22, 2025  | 995                                  | 903                   |
|                                                                                                                                                                                                        | 100 MW                             | Sunday, November 23, 2025    | 1,050                                | 958                   |
|                                                                                                                                                                                                        | 160 MW                             | Monday, November 24, 2025    | 1,085                                | 992                   |
|                                                                                                                                                                                                        | 299 MW                             | Tuesday, November 25, 2025   | 1,140                                | 1,047                 |
| 7-Day Island Peak Demand Forecast:                                                                                                                                                                     | 1,145 MW                           | Wednesday, November 26, 2025 | 1,145                                | 1,052                 |
|                                                                                                                                                                                                        |                                    | Thursday, November 27, 2025  | 1,085                                | 992                   |

Island Supply Notes For November 21, 2025

Notes:

1.

Generation outages for running and corrective maintenance are included. These are not unusual for power system operations. They generally do not impact customer supply. Hydro schedules outages to system equipment whenever possible to coincide with periods when customer demands are low and sufficient supply reserves are available. However, from time to time equipment outages are necessary and reserves may be impacted.

2.

As of 0800 Hours.

3.

Gross continuous unit output.

4.

Gross output from all Island sources (including Note 3).

5.

NLH Island Power Purchases include: ML Imports, Exploits Generation, Rattle Brook, Star Lake, Wind Generation and capacity assistance (when applicable).

6.

Adjusted for interruptible load and the impact of voltage reduction when applicable.

7.

Due to limitations inherent in the design of combustion turbines, the output of combustion turbines may be reduced in the event that ambient temperatures exceed the threshold required for full rated output. This threshold is dependent on the design of each turbine.

8.

Does not include ML Exports.

9.

LIL Import sunk in the Island System. Actual LIL flows will be restricted by various system conditions including, but not limited to, Island Load, ML Exports and Avalon Unit status.

Section 3  
Island Peak Demand and Exports Information  
Previous Day Actual Peak and Current Day Forecast Peak

|                   |                                  |      |           |
|-------------------|----------------------------------|------|-----------|
| Thu, Nov 20, 2025 | Island Peak Demand <sup>10</sup> | 8:05 | 1,027 MW  |
|                   | Exports at Peak                  |      | 319 MW    |
|                   | LIL Net Imports to Island        |      | 6,075 MWh |
| Fri, Nov 21, 2025 | Forecast Island Peak Demand      |      | 1,085 MW  |

Notes:

10.

Island Demand is supplied by NLH generation and purchases, LIL Imports plus generation owned and operated by Newfoundland Power and Corner Brook Pulp & Paper (Deer Lake Power, DLP).